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World warning: David Cameron will say that peace could be at risk if Britain leaves the EU



by **DOMINIC YEATMAN**

THE risk of war in Europe could be raised if Britain leaves the EU, David Cameron will claim in a speech today.

The prime minister will refer to the 'rows of white headstones' in military cemeteries as he argues that staying close to other European nations helps keep us safe.



'Isolationism has never served this country well,' he will say. 'Whenever we turn our back on Europe, sooner or later we come to regret it. Can we be so sure that peace and

stability on our continent are assured beyond any shadow of doubt?

'Is that a risk worth taking? I would never be so rash as to make that assumption.'

Mr Cameron will also say in his speech that voting Remain is 'patriotic' because it will help keep Britain strong and secure. But

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Stanley on ... cross trainers.

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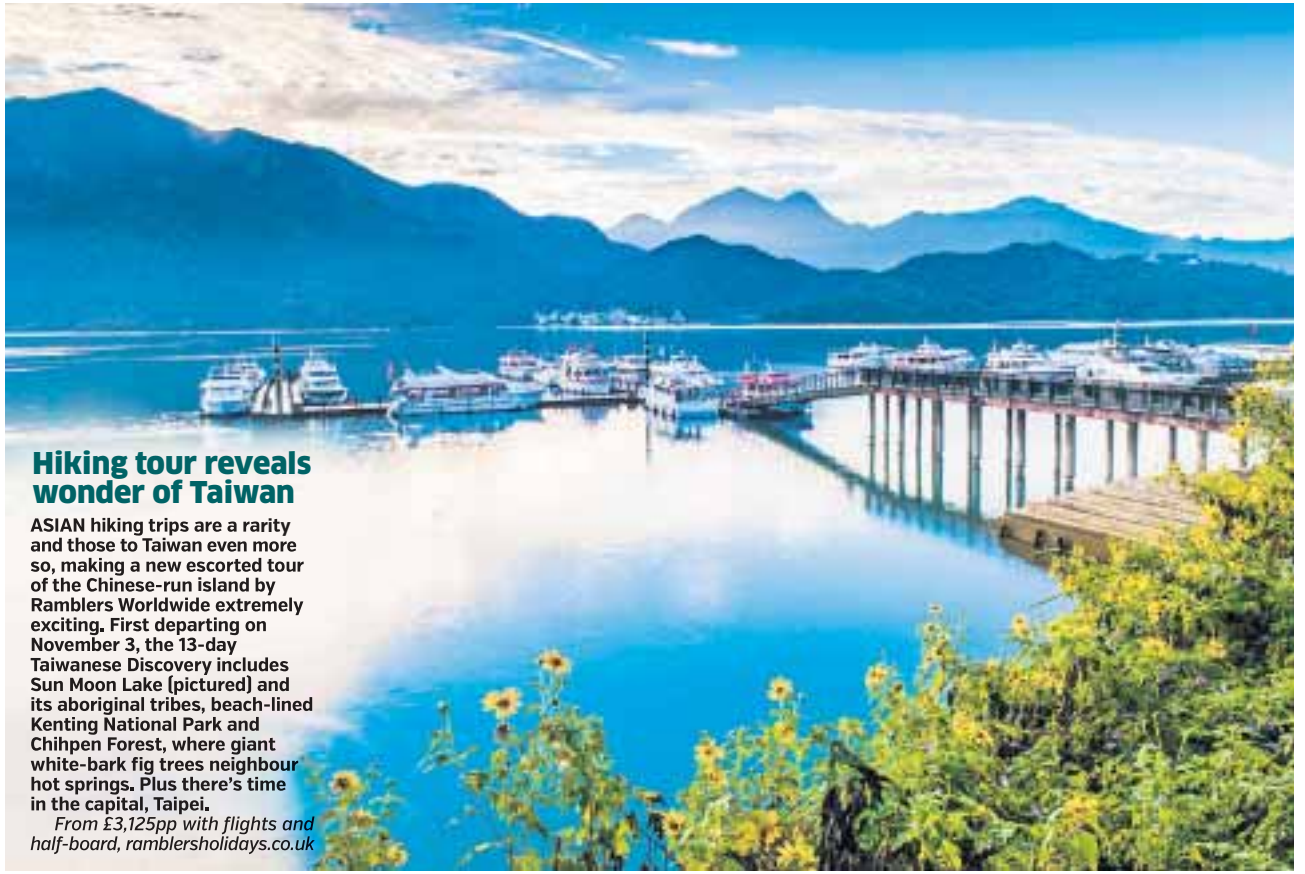
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Free app launch for Euro train tickets

TRAIN-TRAVEL search engine loco2.com has launched a free iPhone app, making it even easier to purchase European train tickets. The app allows users to buy pan-European railway journeys in a single, simple transaction, all with no booking fees.
loco2.com



Hiking tour reveals wonder of Taiwan

ASIAN hiking trips are a rarity and those to Taiwan even more so, making a new escorted tour of the Chinese-run island by Ramblers Worldwide extremely exciting. First departing on November 3, the 13-day Taiwanese Discovery includes Sun Moon Lake (pictured) and its aboriginal tribes, beach-lined Kenting National Park and Chihpen Forest, where giant white-bark fig trees neighbour hot springs. Plus there's time in the capital, Taipei.
From £3,125pp with flights and half-board, ramblersholidays.co.uk

The HOT List

From Taiwanese hikes to budget-blowing culinary cavorting

compiled by RICHARD MELLOR



Night rambling in the Lake District

OFFERING a different way to experience the Lakes, Discover Adventure's newest guided challenge is an ascent of pyramid-shaped Skiddaw by night. The UK's sixth-highest peak, this 931m mountain makes for a tough-enough climb by day; after dark it becomes an eerie, thrilling clamber. You'll descend by sunset, facing Derwentwater, and finish with breakfast in Keswick.
Departs 30 July, from £184pp, discoveradventure.com



The highest of high-end culinary tours

AIMING firmly at the loaded, Four Seasons Hotels & Resorts has developed a private jet journey for next year in cahoots with Copenhagen restaurant Noma and head chef René Redzepi. A piffling £185,000 for two, the three-week Culinary Discoveries tour (May 27 to June 14, 2017) covers Seoul, Tokyo, Hong Kong, Chiang Mai, Mumbai, Florence, Lisbon, Copenhagen and Paris. As well as eating in the top spots, you'll visit markets with big-name chefs.
privatejet.fourseasons.com



London's best facial - in the Channel Islands

THE waiting list at Annee de Mamiel's acupuncture practice in London is more than a year long. But here's a cheat - de Mamiel (left) has just begun offering her Rhythm of Nature Holistic Facial at Jersey's luxury Longueville Manor. Therapists at the hotel's Cottage Garden spa have been trained to reproduce de Mamiel's expertise during 90-minute treatments.
From £140, longuevillemanor.com



Travels with baby

SO-CALLED 'maternity moons' see new mums using their maternity leave to take their baby with them on a holiday. Accordingly, hotels are creating packages or series of add-ons. The special offerings at Thailand's Manathai Koh Samui hotel include babysitting, in-room spa treatments when the nipper (finally) naps, baby products and food, and photo shoots for mother and child.
Suites from £88 per night, manathai.com/samui

